

Introducing the 'Two-in-One' SMARTROLLER®!

Foam rollers are excellent therapeutic and performance enhancing tools used today in almost every gym, clinic and fitness studio.

As a firm believer in the therapeutic benefits of foam rollers, physical therapist Stacy Barrows took this concept one step further by inventing the SMARTROLLER®. Barrows partnered with OPTP, the premier provider of quality physical therapy, rehabilitation and fitness products, to create this unique foam roller.

The SMARTROLLER is a patented foam roller with two sides—one flatter and more comfortable, the other rounder and more challenging, to create a sophisticated exercise tool that is reversible by design.

Barrows discovered that heightening the sensitivity to movement resulted in even more therapeutic improvements with her clients. Barrows Feldenkrais® training also helped her realize the value and benefits of creating the best tool for the best therapeutic result—and that too

much stimulation, discomfort, or fascial stretch could diminish this result.

The rounder side of the SMARTROLLER increases roller movement, while the flatter side decreases movement. In addition, the SMARTROLLER is made of closed-cell cross-linked molded foam technology and is one of the most durable and versatile foam rollers you can buy.

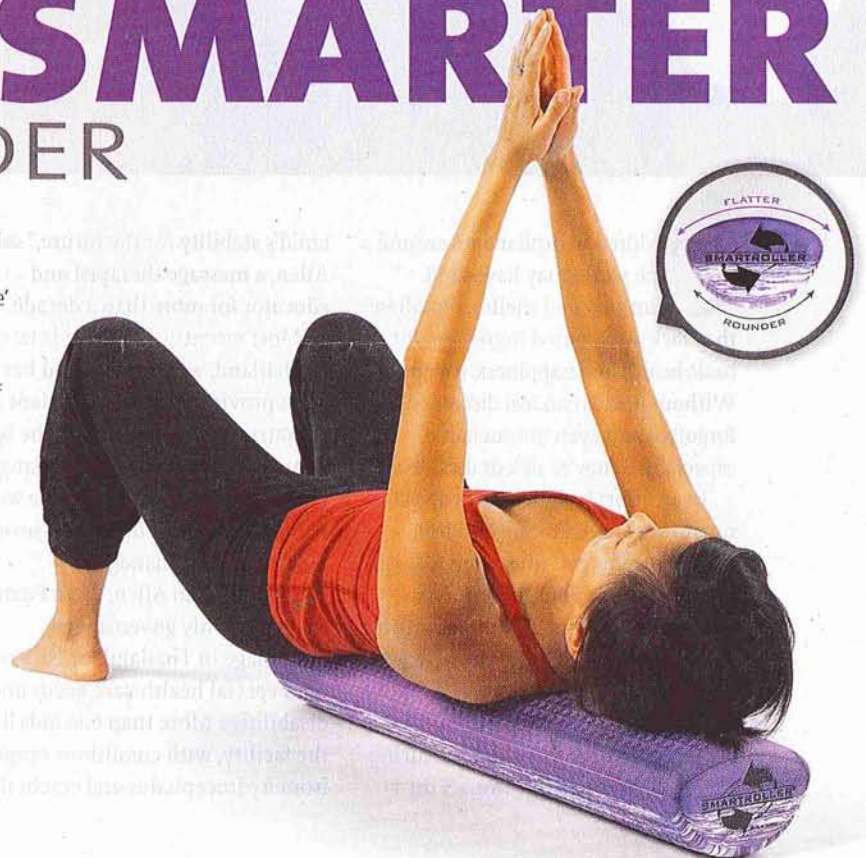
When clients rest their full back on the SMARTROLLER, more space becomes available for the ribs and mid-spine to move during exercise. Because the SMARTROLLER is two-sided, it can be flipped over to diminish or increase the movement of the roller, opening up even more positional and movement possibilities. The SMARTROLLER is a product that will help people of all ages and lifestyles learn better movement awareness while they improve dynamic posture and remove unnecessary strains in their body.

Finally! A foam roller for *every body*.

ROLL SMARTER NOT HARDER

OPTP introduces the SMARTROLLER®

A uniquely designed, extremely resilient, 'two-in-one' foam roller. This new foam roller has one side that is flatter and one side that is rounder, making it one of the most versatile foam rollers available. The rounder side of the SMARTROLLER increases roller movement, while the flatter side decreases movement. OPTP also offers a wide selection of quality foam rollers in many shapes and sizes.



WWW.OPTP.COM 800.367.7393